

# Nouakchott cost savings



## Overview

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Experiencing a traditional the ceremony of tea (Atai) offers cultural immersion at no cost. Ride-sharing taxis (collectivos) are significantly more affordable for intra-city travel. Choose your travel style and discover realistic costs for your Nouakchott adventure Whether you're backpacking on a budget, seeking comfortable mid-range experiences, or indulging in luxury travel, we've created detailed guides for every style. The median after-tax salary is \$173, which is enough to cover living expenses for 0. Ranked. Costs & Saving Tips 2025 Discover the cheapest time to visit, affordable stays, free activities, and costs of essentials in Nouakchott. 1 box of 32 tampons (tampax, ob. ) 1 beer in neighbourhood pub (500ml or 1pt. At this point they are mostly a guess. They are based on 25 prices entered by less than 5 different people. Family of 3: Estimated monthly costs are \$1,463 (excluding rent), and \$1,893 including rent. Do you live in Nouakchott?

Add cost details Citycost data is based on AI and user input - minor inaccuracies may. The cost of living in Nouakchott is \$2170 per month for digital nomads. Base costs including transportation and utilities are \$124.

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### [Cost of Living in Nouakchott](#)

Discover the cost of living in Nouakchott - housing, food, transport & more. Compare expenses and plan your budget.

### **Nouakchott Budget Guides**

Complete budget guides for Nouakchott covering backpacker, mid-range, and luxury travel with realistic daily costs.



### [Nouakchott: Cost of Living, Salaries, Prices for Rent & food](#)

The average cost of living in Nouakchott is \$662, which is in the top 21% of the least expensive cities in the world, ranked 7342nd out of 9294 in our global list and 1st out of 2 in ...



### [Cost of Living in Nouakchott. Updated Prices Jan 2026.](#)

List of prices in Nouakchott (Mauritania) for food, housing, transportation, going out, and more on Jan 2026. Compare the Cost of Living in Nouakchott with any other city in the world.



### [Cost of Living in Nouakchott, Mauritania](#)

Comprehensive cost of living guide for Nouakchott, Mauritania. Compare daily and monthly expenses for locals, digital nomads, and tourists. Detailed breakdown of rent, food, utilities, entertainment, ...

### [Cost of Living in Nouakchott](#)

The cost of living in Nouakchott is \$2170 per month for digital nomads. A single person's rent costs \$1760 (ranging from \$559 to \$4539). Monthly groceries cost \$149, while dining out averages \$137. ...



### [Cost of Living in Nouakchott, Mauritania in 2026](#)

This page contains up-to-date cost of living information for Nouakchott, Mauritania in 2026. Compare prices for rent, food, groceries, utilities, transportation, healthcare, lifestyle expenses, and salaries.



[Nouakchott Travel Hacks. Money Saving, Time Saving, Local Secrets](#)

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[Cost of living in Nouakchott 2025](#)

This guide provides a detailed breakdown of expenses in Nouakchott, covering essential categories such as dining, groceries, transportation, housing, and utilities.



[Is Nouakchott Expensive? Costs & Saving Tips 2025](#)

Discover the cheapest time to visit, affordable stays, free activities, and costs of essentials in Nouakchott. Plan your stay without breaking the bank!



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